



PULSE

March 30, 2018
VOL. 29 NO. 3

NEWS OF INTEREST TO RPMH EMPLOYEES

EMPLOYEE OF THE MONTH



Congratulations to Jodi Kingston, our March Employee of the Month! Jodi has been working as an RN at Rolling Plains since April 9, 2001. She was nominated by a co-worker that said, "We recently had a shortage of RNs on the Med/Surg floor and Jodi agreed to change rotations for a while, until we were able to fill the Charge Nurse position. She has gone above and beyond to help her department." The nomination went on to say, "Jodi has shown compassion and leadership and is valued and respected by her co-workers and managers." Jodi attended Roscoe High School and is a graduate of TSTC Sweetwater and Angelo State University. Congratulations to Jodi!!!

SPECIAL DAYS



April 1 – Easter Sunday
April 3 – Fresenius Dialysis Center Open House 4-6 PM
April 25 – Administrative Professionals Day
May 6-12 - National Hospital Week & Nurse Appreciation Week

VOLUNTEER NEWS:

National Volunteer Week is April 15-21, 2018

Masquerade Jewelry Sale May 14, 2017 ER Classrooms
Scrub Depot Scrub Show July 26, 2017 ER Classrooms

Volunteering is
a work of heart



Can you name the Core Values of RPMH? They are Excellence, Accountability, Stewardship, Compassion and Others First.

SPECIAL MENTIONS



Debbie McIntire
Deni Fullwood
Georgie Porter
Dr. Lawson
Maribel Smith
Dr. Franco

Terri Wells
Patti Juarez
Danyel Culwell
Chastity Rodgers
Wendy Riley
Fatima Rostro

NEW EMPLOYEES



WELCOME!!!

Welcome New RPMH Employees:

EVS

Gracie Jackson
Kayla Walker

RHC

Suzanne Holt

HIM

Jaquelyn Lopez

PRN POOL & CONTRACT NURSING

Wendy Prince RN
Miranda Baldree RN BSN
Stacy Bonds LVN
Geneva Thomas RN

Irene Westlake RN
Kem Barlow LVN
Alisha White LVN

PATIENT OPINION POLL



"Wendy Riley was so helpful to me during my clinical times. She is a great asset for this clinic and is intelligent at her job. She is good with her patients and provides good assistance. Thank you Wendy for being so helpful; you're awesome!"

"Fatima Rostro is very respectful with her co-workers and visiting students like me. She always has a smile on her face! Good job Fatima, keep up the good work; you're awesome!"

"I want to thank Terri Wells for her great help. She was very friendly and prompt when I first called the office looking for clinical hours. She was so professional via telephone and email conversations. She provided the best instructions for me to follow through. Terri is a good asset to the office and clinic. Thank you Terri for being so sweet to me and helping me get started with my clinical."

"Patti Jaurez is an awesome team member! She was so helpful when I first started my clinical. I have enjoyed working with Patti, she delivers good guidance. Thank you Patti!"

"Chastity Rodgers was very sweet to me during my clinicals. She always has a smile on her face. She is very professional at her job. I believe RPMH could use more employees like Chastity. Keep up the excellent care you deliver every day!"

"Danyel Culwell is a great professional nurse. She is very good at what she does. She truly cares about her patients and is very compassionate. She is a great asset to the clinical setting. Thank you Danyel for all your help during my clinical!"

PROFESSOR ED



EDUCATION



Online Education: health.edu, growing up with us.com (newsletter staff login: 435617), txhealthsteps.com, netce.com

CPR Class: March 29th, 1pm, Cardiac Wellness Classroom

ACLS Class: May 1st 10-4pm, Cardiac Wellness Classroom

May 22nd 10-4pm, Cardiac Wellness Classroom

PALS Class: May 8th 10-4pm, Cardiac Wellness Classroom

State Board Requirement for Nursing Education

- A nurse is required to retain continuing competency records for three licensure renewal cycles at a minimum. 20 hours of CNE's is required every 2 years.
- LVN's and RN's are required to complete at least two contact hours of CNE in nursing jurisprudence and ethics prior to the end of each third two-year licensure renewal cycle. You may complete this at health.edu Course #33317.
- LVN's and RN's whose practice includes the older adult or geriatric population is required to complete at least two contact hours each renewal cycle. You may complete this at health.edu Course #35815.
- ER nursing staff needs to complete a one-time Forensic Evidence Collection. You may complete this at health.edu Course # 311614.

Remember to check bulletin boards and RPMH calendar for upcoming education!

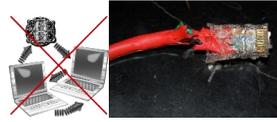
Jewel Parker, R.N.
Staff Educator
Ext. 6056

HENRIETTA THE HIPAA HIPPO: BUT WE CAN'T WORK WITHOUT COMPUTERS!!!

HENRIETTA



THE HIPAA HIPPO



Are you prepared to do your job without the convenience of a computer?

The Hospital has a 5 part contingency plan to protect patient information and ensure continuum of patient care. The 5 parts include:

- Applications and data criticality analysis
- A data backup plan
- A disaster recovery plan
- **EMERGENCY MODE OPERATION PLAN**
- Testing and revision procedures



The Emergency Mode Operation Plan is better known by employees as “downtime procedures”. Each department has its own Emergency Mode Operation Plan. The plan outlines how the department will continue doing its normal tasks and taking care of its patients when computers, servers, internet, etc. are not available. In patient care areas, this involves a supply of forms, and other items needed for paper documentation. These can be invoked during planned periods of downtime, such as equipment upgrades and software updates that will take an extended period of time. Unexpected network and server issues can also cause these to be activated. Every employee should know the downtime procedures for their department.



If you are not sure what your downtime procedures are, this would be a good time for your supervisor to do a review. Patient care never stops, even when technology does. Be prepared!

UPCOMING EVENTS



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April 1st: Easter & April Fool's Day

April 2nd-8th: National Public Health Week

April 7th: World Health Day

April 11th: Lunch & Learn: What to Expect
When You're Expecting, Noon-1pm

All Month: Occupational Therapy Month



Another survey success!!! Congrats to Stephanie Lebowitz, Dr. Eaker and the trauma team for a very successful and beneficial trauma services survey. On March 19th, our surveyor from the Department of State Health Services conducted our triannual survey of trauma services. The surveyor was very complimentary and impressed with our facility, plan and most of all, our patient care! We did not fail any components of our survey criteria. This was a team effort between medicine, nursing, ancillary, and emergency response personnel and I congratulate all involved for providing excellent care and response in trauma situations.

CHERISH YOU CHILDREN!

“A statue stands in a shaded place, An angel girl with an upturned face, A name is written on a polished rock, A broken heart that the world forgot”



The words or a song-food for thought. April is Child abuse awareness month and with that comes many reminders to those who live in the world of being beaten, sold, and forgotten that life is not fair and is rarely good. What am I talking about? Child trafficking. September 1, 2017 The State of Texas passed legislation that each and every hospital in Texas would display, education and intervene on the topic of human trafficking. What is human trafficking? Human trafficking is modern day slavery. Kevin Bales of Free the Slaves defines it as “a relationship in which one person is controlled by violence, through violence, the threat of violence, or psychological coercion has lost free will and free movement, is exploited economically, and paid nothing beyond subsistence.” Children have become a special tool for the individuals that specialize in trafficking. Children may be kidnapped, bought, recruited or forced away from family in order to be used by others in ways such as domestic servitude, sexual exploitation or use in numerous other acts- which most always includes physical abuse.

These children will come in contact many times with healthcare workers who never realize the child is in danger, has been abused or even recognize the signs that might indicate abuse or the potential for abuse. The latest statics show that 300,000-400,000 children yearly cross international borders with someone that intends to make profit from them through forced labor, commercial sex or other means. These children will be beaten, tortured and broken just trying to survive. Most of these victims will range from 11-14 years old but, may be as young as 3-5 years old. They will not make an outcry for help out of fear, or having given up that anyone cares about them. They have learned to survive in a world that has “forgotten them.” Their life span without help averages 7 years from the time they are introduced to the system.



So how do we help? Training ourselves to recognize the signs! Learn the questions to ask and the behaviors that are common. Some characteristics of the trafficked child include:

- lowered self -esteem or unusual quietness when around others,
- they may not be allowed to attend school or be unaccompanied by an adult at any time.
- When in contact with persons of healthcare, law enforcement or other persons of government or power they will not answer questions or will not be allowed to answer questions by their “handler”.
- When physical exams are performed they may just a regular child abuse victim have bruises or injuries in multiple stages of healing or bruises that are uncharacteristic to the story of how they occurred. They may have little if any modesty of their bodies and may even pose for you without encouragement as they have been trained to do.



- At abnormally young ages they may present with STD's, symptoms of sexual abuse.
- They identify someone who is much older than them as their boyfriend or girlfriend.
- They may appear or identify themselves to be much older than appearance or dress that part.
- When handlers (boyfriends/girlfriends) are asked for identification of the child they may stumble or have excuses for not having documentation.
- If questioned the child is questioned where they live they are unable to tell you the city they live.
- The child may not show affection toward the handler or have an abnormal attachment to the individual or identify or admit to multiple sexual partners.
- They have unusual tattoos or skin markings (brands).

88% of all trafficked children or adolescents admit to having unrecognized contacts with healthcare and law enforcement officials. Although any one of the symptoms above may not specifically mean a child is being trafficked three or more behaviors or findings should raise concern for additional investigation. Questions should be asked straightforward when the child or individual is alone and may include:

- Have you ever run away from home?
- Have you had more than 5 sexual partners?

These inventions successfully detect 92% of victims encountered in studies recorded.

CAN YOU BE THE ONE RESCUE THE BROKEN AND FORGOTTEN?

Resources: National Trafficking Hotline
National Trafficking Resource Center
Department of Homeland Security
Department of Human Services

FUN FACTS



Like thumb prints everyone has a unique tongue print

