



PULSE

January 31, 2018
VOL. 29 NO. 1

NEWS OF INTEREST TO RPMH EMPLOYEES

EMPLOYEE OF THE MONTH



Congratulations to Kenny Green, our January Employee of the Month! Kenny is an Information Systems Technician and has been working at Rolling Plains since February 2017. He was nominated by a department director that wrote, "Kenny is always positive. He is very helpful and responds quickly." The director went on to say, "He always has a smile on his face." Kenny is a graduate of Winters High School and graduated from TSTC Sweetwater in 2002. Kenny and his family live in Sweetwater. Congratulations to Kenny, our January Employee of the Month!

FUN FACTS



Did you know when you order the Sepsis order set that the repeat lactic acid is automatically ordered?

SPECIAL DAYS

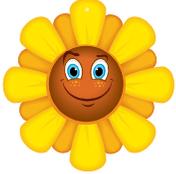


Important Dates:

- February 2 – Groundhog Day
- February 14 – Valentine's Day
- February 19 – President's Day
- February 23-Scrub Show
- February 24 – Heart Walk

Can you name the Core Values of RPMH? They are Excellence, Accountability, Stewardship, Compassion and Others First.

SPECIAL MENTIONS



Amanda Gonzalez
Carmen Reed
Dorthey Blueford
Dr. Hilton
Dr. Lyons
Dr. Smola
Hydie Stewart
Jaci Callan

Kasey Jeffrey
Lori Brockman
Shayla Jones
Sue Baucom
Crystal Cornutt
Vicky Hanes
Wes Stafford
Dr. Patterson

NEW EMPLOYEES



WELCOME!!!

Welcome New RPMH Employees:

NURSING

Emmy Snowden, CNA
Lindsay Swift

Plant Operations

Michael "Red" Hurd

RURAL HEALTH CLINIC

Kendall Powell, LVN
Sara Henington, LVN

PATIENT OPINION POLL



"The ER visit was excellent! All the ER staff were very attentive and helped to make us feel special. Special thanks to Carmen Reed and Lori Brockman, they truly shined!"

"I would like to thank the OB staff and Diane Calcote! She was very nice and helpful. She took great care of me while I was in the hospital. "

"Dr. Marvel did a great job on my hand. It is so wonderful to be pain free and no numbness. The OR staff was great also. Many thanks to Dr. Marvel, Mitzi Gunn, Sue Baucom, Vicky Hanes, Candace Alford and Heidi Schlemmer. RPMH is so blessed to have each of them working in our OR."

"Shawna Hoskins was very informative and helpful. She has gone above and beyond on caring for my family member. All of our needs were met by her and the staff."

PROFESSOR ED



EDUCATION



Online Education: health.edu, growing up with us.com (newsletter staff login: 435617), txhealthsteps.com, netce.com

CPR Class: March 29th, 1pm, Cardiac Wellness Classroom

PALS Class: February 6th 10-4pm, Cardiac Wellness Classroom
February 13th 10-4pm, Cardiac Wellness

Classroom

State Board Requirement for Nursing Education

- A nurse is required to retain continuing competency records for three licensure renewal cycles at a minimum. 20 hours of CNE's is required every 2 years.
- LVN's and RN's are required to complete at least two contact hours of CNE in nursing jurisprudence and ethics prior to the end of each third two-year licensure renewal cycle. You may complete this at health.edu Course #33317.
- LVN's and RN's whose practice includes the older adult or geriatric population is required to complete at least two contact hours each renewal cycle. You may complete this at health.edu Course #35815.
- ER nursing staff needs to complete a one-time Forensic Evidence Collection. You may complete this at helath.edu Course # 311614.

Remember to check bulletin boards and RPMH calendar for upcoming education!

Jewel Parker, R.N.
Staff Educator
Ext. 6056

HENRIETTA



THE HIPAA HIPPO

HENRIETTA THE HIPAA HIPPO ANOTHER RANSOMWARE STORY



Ransomware is a significant international cybersecurity incident that can hold data "hostage" until a ransom is paid. Earlier this month Allscripts, the EMR used by Hendrick Medical Center, was attacked. Hendrick information was NOT affected but users with data housed in Raleigh, NC and Charlotte, NC were without patient information or services until the data was restored. Allscripts did have a backup system in place that was not affected and were able to restore systems, one by one, with a minimum loss of data, but users of the data were without their EMR until the data was restored. In another instance, Hancock Health suffered a ransomware attack and chose to pay \$55,000 ransom rather than taking days to restore data from backup. The full article regarding these incidents can be found with the following link:

<https://www.csoonline.com/article/3250246/security/allscripts-recovering-from-ransomware-attack-that-has-kept-key-tools-offline.html>



The last thing our hospital, or its employees want is to be without an EMR for days. We grumble when there is planned downtime. It is important to be ever mindful of our use of the system, the internet, and email. IT has several protections in place, including a firewall, virus protection, and spam ware filters, but the end user being mindful of what they are accessing is just as important. Please remember these important rules:

- Keep your Windows updated-network policy has Windows Updates being done automatically, but if you notice that you haven't received a message that your PC was updated at least every couple of weeks, you MUST contact IT.

- Virus protection should be current on all PCs, laptops, and tablets. While the updates are received automatically through the network, you still need to ensure your wireless devices are receiving the updates as well.

- Be mindful of websites you are accessing on hospital devices. They should be legitimate and ONLY for job related purposes.

- Be mindful of your email, and especially any **attachments** or **links** to open. Make sure you know the sender before opening. Be aware that emails from our IT department will come directly from their email address or from "cpadmin" in the case of the ticket system---not from the "Help Desk" or similar generic names.

With the protections we have in place, and your role of awareness, we can and will keep our patient data safe and protected from these attacks.

What Next?



First of all just let me say THANK YOU! The replay of the active shooter scenario was AWESOME. All campuses participated and communication seemed to have been much better. We did identify some areas that will continue to need improvement but we protected ourselves and our patients much better this time. If you saw or encounter something during the exercise that brought questions to your mind – first of all good it means you were thinking. Second don't be afraid to ask questions of someone to get the answer. It might be something that was missed, not thought about or a situation that is specific to your department alone.

So Whats Next? We are approaching spring in West Texas and anyone who has been in West Texas for any given amount of time knows the extreme swings that mother nature may throw at us at any given time. I encourage each of you to access Policy Tech and become familiar with the Plain Language Overhead Paging codes, the individual parts of the Emergency Management and Operation Plans and the responses that may be required of you in a weather emergency.



Weather emergencies as we know may happen rapidly, be alert to weather conditions and ready to respond should the need arise. Know your inner hallways or rooms that are available for you and others to take cover in – Know the difference between a watch and warning and what each requires of you for yourself and your patients. Watches should give a heads up for us to prepare by recognizing the types of patients on your floor and what each of them might need to rapidly get them to a place of safety. Remember too that there are other types of weather emergencies other than wind, hail and tornados. Ice, snow and cold also have their own dangers that we must prepare for. So Keeping it Short and Sweet this month just review and always be prepared.

“Plan to be a disaster survivor with or without government help.

*Planning is not hard. It just takes focus and a little effort.”
-Doug Hoell*

